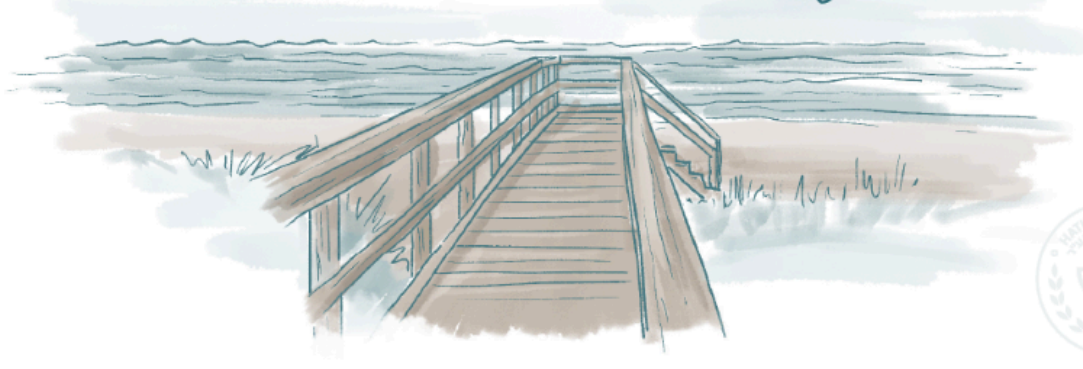


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*Return to rest, o my soul.*



Dear Friend,

**Healing from trauma isn't a single moment—it's a journey, often long and uncertain.**

Each person walks it at their own pace, through a process that can't be forced and a destination that can't be simply chosen. It's a winding road, full of progress and setbacks.

For many families who've sent husbands and adult children to war over the past 18 months, trauma has become a constant companion. They live with the uncertainty of return, the fear of sirens and rocket attacks, and the ache of watching children grow while loved ones are away. When they return home and are reunited, it can be hard to find their footing and return to normal life.

**But they are not alone; Yeshua walks with them and leads them through.**

Often, this happens through the body of believers as we come around and alongside those who are hurting. At HaTikva Project, we strive to step into this at a deeper level—to offer comfort, strength, and hope to those who are overcoming trauma one day at a time.



**Photos above are of Italy Respite Retreat 2025**

Recently, HaTikva Project had the privilege of gathering soldiers and their families—those deeply affected by war—in a peaceful, natural setting far from the demands of daily life. Tucked away in the beauty of Italy, they found a respite and were given space to connect and begin healing. A team of counselors called Freedom Fighters, former soldiers themselves and their wives, came alongside these families, offering care, understanding, and trauma healing from a place of shared experience.

Here are just a few testimonials from our time together:

*“Thank you for this respite retreat. There were a lot of good, deep meetings with the counselors. I was at a very low point in my life due to the outcome of the war and spiritually low as well. During this time, we had a family revival! We are going back to Israel rebuilt. We cleaned a lot of garbage out of our lives and are now full with new hope!” -Nathan Goel*

*“We are in a difficult period in our lives. A lot of people we know died in the war. This time in Italy gave us our hope back. Yeshua remembers us! It’s important to remember he is always there and not to lean on things of this world. This time did so much good for us and our children.” -Limor Goel*

*“This was a truly blessed time as a couple to talk about deep issues. There are even things I learned about Lev, my husband, that I had never known! We will take a lot from what we learned during this time and apply it to our lives. To communicate with our spouse and not let things accumulate. Thank you, everyone, for everything!” -Anna Ashin*

You have made a lasting impact on these families. When you give to HaTikva Project, you're helping create moments of healing, rest, and restoration for families in Israel who are carrying the heavy weight of war and trauma.

Your gift goes directly to our work, providing counseling, practical support, and a refuge where hurting people can experience Yeshua's compassionate love.

**GIVE TODAY!**

Thank you for standing with us and being a source of comfort and hope to those who need it most.

From Jerusalem,



A handwritten signature in black ink, appearing to read 'Evan', written in a fluid, cursive style.

Evan Levine, Executive Director

**HATIKVA PROJECT**  
**פרויקט התקווה**



*Building a refuge for Israel*

**PARTNER TODAY!**